

## POST-OP CROWN PREPARATION INFORMATION AND INSTRUCTIONS

Please read the following instructions carefully:

- Avoid eating anything sticky or anything else that might put pressure on the biting surface of the crown.
- Be extra careful when flossing - only floss towards the gum and pull the floss through.
- Do not floss away from the gums towards the biting surface as this might dislodge the temporary crown.
- Rinse with Listerine twice a day.
- Slight sensitivity to cold and sweet is normal.
- If you experience discomfort beyond 7 seconds please call Dr. Chien.
- Rinse intermittently with warm salt water.

If temporary crown is dislodged, there are two options to repair the damage.

- 1) Call Dr. Chien's Dental Office and speak with our staff regarding an appointment to re-cement the temporary crown (Recommended)
- 2) Obtain temporary crown cement available over the counter at Rite Aid and carefully follow the instructions provided.

Please call us at 949-450-0101 if you have any questions or concerns.