

## POST ROOT CANAL THERAPY INSTRUCTIONS

Your root canal has now been completed. The canals have been cleaned and scaled. Your body must now have time to repair the tooth and its surrounding area.

- It is normal for the tooth to be very sore for the first few days. It may remain sensitive to biting pressure for up to six weeks. Three Advil (600 mg total) taken every four hours for the first two days will usually relieve the soreness. If the discomfort is more severe, please let us know so that we may prescribe and appropriate medication. If pain persists or increases, or swelling develops, please contact the office.
- Antibiotics are u not required following root canal therapy. Your doctor will prescribe them when indicated.
- Do not chew on the tooth until all tenderness is gone.
- If the treated tooth hurts when you close your teeth together, keep a spacer such as a cotton roll or piece of gauze between your teeth, on the opposite side. This will prevent you from bumping the tooth and allow it to heal.
- A temporary has been placed in your tooth. You should now return to your dentist, who will place the appropriate restoration. Do not chew on your treated tooth until it has been properly restored by your general dentist. There is a high risk of fracturing the tooth.

Please phone us in \_\_\_\_\_ to schedule a 6 month recall appointment.

Thank you for the opportunity to treat your endodontic needs.